

# AHCC CellGuard+ (TM) Cancer Maintenance Protocol

## Overview & Philosophy

At The Longevity Lab with Dr. MB, we don't just treat. We restore. We believe in cellular resurrection - a return to strength, energy, clarity, and peace. AHCC CellGuard+ is part of that restoration. Built from the success of real patient recoveries, this formulation protects the body after the battle is won, and keeps the terrain unwelcoming to cancer's return.

## Dosing Protocol

Standard Maintenance:

- 2 capsules, twice daily after food.

High-Risk or Post-Treatment Support:

- 2 capsules, three times daily for 3-6 months, then reduce to 2 capsules twice daily as maintenance.

## The Cancer Maintenance Stack

1. AHCC CellGuard+ - Core cellular & immune protector
2. Lycopene 1000mg (softgel) - 1 softgel, 3x/day - DNA protection & tumor suppression
3. Fisetin - Senolytic, anti-inflammatory
4. Apigenin - Hormone-sensitive cancer control
5. Hemp Seed Oil - Neuro-immune inflammation & mitochondrial repair
6. D3+K2 LipoMatrix - Immune balance & anti-calcification support

## Optional Lifestyle Support

- Walk 3-5 miles a day
- Deep breathing & sunlight exposure
- Organic plant-based or anti-inflammatory ketogenic diet
- Sleep before 10:30 PM
- Hydration with electrolytes
- Daily prayer, gratitude or meditation

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## A Message from Dr. MB

To the warrior reading this -

You've already been through more than most can imagine. I've seen the fear in patients' eyes, and the fire in their hearts. I've sat with those who were told there was 'nothing more that could be done.' And then I watched them rise - because we did not give up.

AHCC CellGuard+ was never created to be just another supplement. It was created as a shield - forged from truth, from nature, and from the experience of real healing.

I've walked away from mainstream medicine, not because I stopped believing in healing - but because I started believing in something more powerful:

That nature, when respected and understood, can bring the body back to life.

This protocol is the continuation of that belief. A daily defense. A reminder that your body is capable of regeneration, strength, and victory - when given the right allies.

If you've just completed your treatment - this is for you.

If you carry the shadow of fear from a past diagnosis - this is for you.

If you love someone and never want to hear that word again - this is for them.

From one soul to another - do not lose hope.

You are not alone.

You are not broken.

And you are never beyond healing.

With love, fire, and faith -

Dr. MB